

# ARE YOU A YOUTH PEER LEADER AND ADVOCATE?

## Register for the: Western-Central Region Peer Leaders Support and Development Meetings!

Meetings and webinars will provide an opportunity for young peer leaders and advocates to improve their professional skills all while providing mutual support and opportunities to share successes and challenges as a young peer leader.

Meetings will cover topics on a need/want basis such as:

-  Leadership Development
-  Group Facilitation
-  Conflict Resolution
-  Systems & Peer Advocacy
-  Healthy Boundaries
-  Self Care: When & How to Say No!



[www.YOUTHPOWERNY.org](http://www.YOUTHPOWERNY.org)

## RSVP!

please fill out this survey:

[www.surveymonkey.com/r/WRCR-PLSD](http://www.surveymonkey.com/r/WRCR-PLSD)

Or contact one of your Regional Youth

Partners:

Azaria Wittekind -  
[awittekind@youthpowerny.org](mailto:awittekind@youthpowerny.org)

Call or text: 585-314-2452

Mica Gonzalez -  
[mgonzalez@youthpowerny.org](mailto:mgonzalez@youthpowerny.org)

Call or text: 315-679-1467

\*For PLSD-the term Peer Leader is defined as young people under the age of 28 who have personal experiences with disability or state systems such as: Mental Health, Addiction, Juvenile Justice and Foster Care. Who volunteer or are employed to empower and support other young people who have similar experiences.